

Profhilo Structura Treatment FAQs

Doctor-written answers for clear expectations, safe care, & natural-looking results.

Updated: January 2026

Thank you for considering my [London Aesthetic Clinic](#) for your [Profhilo Structura treatment](#).

I'm [Dr Suresh Mohan](#) (MBBS MRCS MRCGP), and I provide [doctor-led aesthetic treatments](#) in my London clinic, with a focus on [subtle, natural-looking results and safe, personalised care](#).

This document answers the most common questions I'm asked before treatment, including suitability, downtime, treatment planning, and aftercare.



[Profhilo Structura in Wimbledon](https://drmohanclinic.co.uk/profhilo-structura-wimbledon/) - <https://drmohanclinic.co.uk/profhilo-structura-wimbledon/>

What is Profhilo Structura?

Profhilo Structura is a regenerative injectable designed to support the **mid and lower face** by working in the **superficial fat layer**, helping improve **soft tissue support and skin firmness** while keeping results **natural**.

Official Profhilo Structura information: <https://www.profhilo.co.uk/profhilo-structura>

Profhilo vs Profhilo Structura: Which Treatment Is Right for You?

<https://drmohanclinic.co.uk/profihilo-vs-profihilo-structura-which-treatment-is-right-for-you/>

I also highly recommend reading the **Complete Guide to Profhilo Structura Aftercare:**

<https://drmohanclinic.co.uk/complete-guide-to-profihilo-structura-aftercare/>

Why you might be looking for Profhilo Structura

People rarely decide on a treatment overnight. It usually starts with a quiet, frustrating pattern. You might notice that:

- **you look tired**, even after a good sleep
- **your midface feels less supported** than it used to
- photos highlight heaviness around the lower face
- your skin looks “fine,” yet **your face feels less lifted**

This is a common moment in the ageing process. Skin quality matters, but structure matters too. At that point, many people want a change that feels subtle and believable. They want improvement without the fear of obvious volume.

That's where a structured, conservative plan can help.

Benefits of Profhilo Structura

Profhilo Structura targets deep tissue laxity in key areas like the cheeks, jawline, and lower face — where age-related volume loss and sagging often occur. Unlike traditional boosters, it works in the superficial fat layer to subtly lift and support facial structure without adding volume, making it an ideal option for those seeking a natural midface lift without fillers.

- **Skin quality** – Boosts thickness & firmness by stimulating collagen and elastin
- **Fat Pad Rejuvenation** – Targets areas affected by age-related volume loss
- **Lift & Definition** – Supports sagging tissues without over-volumising
- **Contour Restoration** – Helps redefine cheeks and jawline
- **Natural Results** – Enhances structure without affecting facial expression

I am always available to discuss any questions.

Call or email me for a **free consultation:** 07702 389 636 / info@drmohanclinic.co.uk

Profilo Structura at a glance (quick facts)

If you're feeling unsure, start here. This quick summary gives you the key points at a glance, before the detailed questions below.

What it is:	A hyaluronic-acid injectable designed to support areas affected by structural ageing.
Best for:	Patients who want a subtle refresh and improved support and balance.
Typical plan:	Two sessions , usually around four weeks apart , then 4 monthly
Downtime:	Usually minimal (bruising or swelling can happen).
Aftercare principle:	Hands off, no pressure , and keep things calm while it settles.

Everyday Questions & Quick Answers

1) What is Profilo Structura?

Profilo Structura is a regenerative injectable designed to support the **mid and lower face** by working in the **superficial fat layer**, helping improve soft tissue support and skin firmness while keeping results natural.

2) What is hyaluronic acid?

[Hyaluronic acid](#) is a substance found naturally in the body. It helps maintain hydration and supports healthy-looking skin by binding water within the tissue.

3) How is Structura different from classic Profilo?

Classic Profilo is often chosen for **skin quality** (hydration, glow, elasticity). Structura is often chosen when the goal is more about **support and facial balance**, alongside skin improvement. The best option depends on your face and your goals.

(Full comparison guide):

<https://drmohanclinic.co.uk/profilo-vs-profilo-structura-which-treatment-is-right-for-you/>

4) How is Structura different from dermal fillers?

[Dermal fillers](#) are designed to **add or restore volume** in specific areas. Profillo Structura is usually used for a **subtle, natural-looking refresh** where the aim is support and balance rather than noticeable volume change. I'll talk you through what suits your face during consultation.

Suitability & Safety

5) Who is a good candidate?

You may be a good candidate if you want a **subtle, believable refresh** and you're starting to notice changes that feel like reduced support or facial balance, rather than surface dryness alone.

Profillo Structura may suit you if you:

- want a conservative, doctor-led plan
- prefer gradual improvement over weeks
- value natural-looking results rather than obvious volume

Suitability depends on your facial structure, skin quality, and medical history.

6) Who should avoid treatment?

Profillo Structura may not be suitable if you are pregnant or breastfeeding, have an active infection in the treatment area, or have a known allergy to the product. If you're unsure, please ask — I'll advise you safely.

7) Is Profillo Structura safe?

When performed by a trained medical professional, it is generally well tolerated. As with any injectable treatment, side effects and risks exist. These are discussed clearly in consultation, along with alternatives.

Treatment Experience & Downtime

8) Does it hurt?

Most patients find treatment manageable. Some sensitivity is normal. **Numbing cream** can be used if you prefer.

9) What is the downtime?

Downtime is usually minimal. You may experience:

- mild swelling or tenderness
- small bumps at injection points
- occasional bruising

Small bumps and swelling often settle within **24–48 hours**. Bruises can last longer.

10) When can I exercise or wear makeup again?

In most cases:

- avoid strenuous exercise and heat exposure for 24–48 hours
- avoid makeup for 12 hours

You'll receive clear aftercare guidance on the day.

Results & Treatment Planning

11) How many sessions will I need?

Many patients benefit from **two sessions**, usually around **four weeks** apart, then one injection 4 monthly for maintenance. Your plan depends on your starting point and how your skin responds.

12) When will I see results?

Results develop **gradually over the weeks** after treatment rather than instantly. Some patients notice improved hydration and glow within the first few days, while firmness and texture changes typically build more noticeably after **2–4 weeks**, especially after completing the recommended course. I'll explain what a realistic timeline looks like for your skin during consultation.

13) How long do results last?

Longevity varies. Many patients maintain results with periodic top-ups. A common maintenance rhythm is one injection **every four months**, but this is individual.

14) Can Structura be combined with other treatments?

Often, yes — but timing matters. If you're considering [Botox](#), [fillers](#), [Polynucleotides](#), or skin treatments, I can advise on sensible spacing so results stay natural and recovery stays straightforward.

Pricing & clinic location

15) How much does Profilo Structura cost?

Pricing depends on your personalised plan. For the most up-to-date pricing, please see:
<https://drmohanclinic.co.uk/cosmetic-skin-clinic-london-price-list/#profilostructura>

Your exact plan and cost are confirmed after an in-person assessment.

16) Where is the clinic and how do I book?

My clinic is in **West Wimbledon (SW20)**, around a **10-minute walk from Raynes Park station**.

Full address:

[Dr Suresh Mohan Clinic, The Garden Room, 51 Spencer Road, London SW20 0QN](#)

Aftercare (important)

Profilo Structura is designed to support **soft tissue structure and skin firmness**, particularly through the **mid and lower face**, helping restore a fresher, more supported look while keeping results natural. It doesn't "fill" in the way dermal fillers do — instead, it's used to improve **support and skin quality** in a subtle, regenerative way.

The key principle is hands off and avoid pressure while it settles.

You can **download** my **Profilo Structura Aftercare (PDF)**:

<https://drmohanclinic.co.uk/wp-content/uploads/Profilo-Structura-Aftercare.pdf>

I highly recommend reading the **Complete Guide to Profilo Structura Aftercare**:

<https://drmohanclinic.co.uk/complete-guide-to-profilo-structura-aftercare/>

Please note:

This document provides general information and does not replace a medical consultation. Individual suitability and results vary.

If you have questions

Every patient — and every treatment plan — is slightly different, so if you're unsure about anything (results, timing, or how your skin is settling), please contact your practitioner for advice. If you had treatment with me, you're very welcome to get in touch directly.

I hope this guide has helped you understand Profhilo Structura and what to expect.

Where to get Profhilo Structura in London

If you're looking for **Profhilo Structura treatment in London**, I offer doctor-led Profhilo Structura appointments at my aesthetic clinic in **Wimbledon**. I regularly see patients from across **South West London** — including Raynes Park, Kingston, Earlsfield, Putney, Clapham, Richmond, and Surbiton.

Profhilo Structura in Wimbledon: <https://drmohanclinic.co.uk/profihilo-structura-wimbledon/>

Contact Dr Mohan Cosmetic Clinic

Email: info@drmohanclinic.co.uk Phone: **07702389636**



The Garden Room, 51 Spencer Road, London SW20 0QN

Claim Your Free Consultation

At my Wimbledon clinic, I'm committed to helping you achieve natural-looking results with safe, personalised care. If you'd like tailored advice — whether you're considering Prohilo Structura or simply want to talk through your skin goals — you're very welcome to book a **complimentary consultation** with me.

To arrange your free consultation, or if you have any questions, you can contact me here:

- **Phone: 07702 389 636**
- **Email: info@drmohanclinic.co.uk**

Dr Suresh Mohan Clinic

I qualified as a doctor in 2000 and initially worked in surgery before retraining as a GP. I'm GMC registered (No. 4735795) and practise to strict medical standards of ethics, confidentiality and safety.

In aesthetics, my focus is always on **subtle, natural-looking results** — enhancing your features without an “overdone” look. I've completed advanced injectable training, including **Level 7 qualification**, and I'm fully insured.



Dr Suresh Mohan
MBBS MRCS MRCGP

