

Profilo Treatment FAQs

Doctor-written answers for clear expectations, safe care, & natural-looking results.

Updated: January 2026

Thank you for considering my [London Aesthetic Clinic](#) for your [Profilo treatment](#).

I'm [Dr Suresh Mohan](#) (MBBS MRCS MRCGP), and I provide [doctor-led aesthetic treatments](#) in my London clinic, with a focus on [subtle, natural-looking results and safe, personalised care](#).

This document answers the most common questions I'm asked before treatment, including suitability, downtime, treatment planning, and aftercare.



Profilo in Wimbledon - <https://drmohanclinic.co.uk/profilo-treatment-london/>

What is Profilo?

Profilo is an injectable hyaluronic-acid **treatment designed to improve skin hydration and overall quality** by spreading evenly through the tissue, helping enhance firmness, elasticity, and radiance while keeping results natural-looking.

Official Profilo information: <https://www.profilo.co.uk/>

Profhilo vs Profhilo Structura: Which Treatment Is Right for You?

<https://drmohanclinic.co.uk/profhilo-vs-profhilo-structura-which-treatment-is-right-for-you/>

I also highly recommend reading the **Complete Guide to Profhilo Aftercare:**

<https://drmohanclinic.co.uk/complete-guide-to-profhilo-aftercare/>

Why you might be looking for Profhilo right now.

People rarely decide on a treatment overnight. It usually starts with a quiet, frustrating pattern. You might notice that:

- **your skin looks tired or dull**, even after good sleep
- makeup sits differently or **fine lines look more obvious**
- **your skin feels less hydrated** and less “bouncy”
- photos show a **lack of glow**, even when you feel well

This is a common moment in the ageing process. Skin quality changes gradually, and hydration and elasticity can drop over time. **At that point, many people want a refresh that feels subtle and believable.** They want healthier-looking skin, without changing their features.

That's where a careful, conservative plan with Profhilo can help.

Benefits of Profhilo

Profhilo is designed to improve **overall skin quality** in areas where skin has become dull, dehydrated, or less firm with time. Rather than adding volume like dermal fillers, Profhilo spreads through the tissue to support **hydration, elasticity, and firmness**, creating a refreshed look that remains natural.

- **Deep Hydration** – Improves moisture levels for a healthier glow
- **Skin Quality** – Supports firmness and elasticity for smoother-looking skin
- **Fine Lines** – Softens the look of dehydration-related lines
- **Texture & Radiance** – Helps skin look more even, supple, and bright
- **Natural Results** – Refreshes skin without changing facial shape or expression

I am always available to discuss any questions.

Call or email me for a **free consultation:** 07702 389 636 / info@drmohanclinic.co.uk

Profhilo at a glance (quick facts)

If you're feeling unsure, start here. This quick summary gives you the key points at a glance, before the detailed questions below.

What it is:	An injectable hyaluronic-acid treatment designed to improve hydration, firmness and laxity.
Best for:	Dullness, fine lines, early laxity, "crepey" texture, and skin that feels less resilient.
Typical plan:	Initial 2 sessions, usually about 4 weeks apart, then 3-4 monthly
Appointment time:	Around 45 minutes including consultation and consent on the day.
Downtime:	Usually minimal. Small bumps at injection points can last 24–48 hours. Bruising can happen.
Aftercare principle:	Hands off, no pressure , and keep things calm while it settles.

Everyday Questions & Quick Answers

1) What is Profhilo?

Profhilo is an injectable hyaluronic-acid treatment that improves hydration and skin quality. It is **designed to support firmness and help skin look smoother** and more resilient over time.

Unlike "line-filling" approaches, **Profhilo spreads within the skin and focuses on overall quality**. That is why results often look like a healthy refresh rather than an obvious change.

Commonly treated areas include the face, neck and hands (and selected body areas in some cases).

2) What is hyaluronic acid?

[Hyaluronic acid](#) is a substance found naturally in the body. In skin, it helps attract and hold water, which supports hydration and elasticity.

As we age, natural HA levels and skin structure change. That's one reason skin can look drier, less firm, and less "bouncy" than it used to.

3) How does Prohilo work?

Prohilo is placed into the superficial layers of the skin using a small number of injection points. Over time, **it improves hydration and supports skin firmness and texture.**

It is **often described as “skin remodelling”** rather than “filling”. Your skin gradually looks healthier, smoother and more rested as it responds.

Most people get the best outcome by completing the recommended plan, rather than treating it as a one-off.

4) What does Prohilo help with (and what doesn't it do)?

Prohilo is commonly used for:

- **dullness** and **dehydration**
- **fine lines** (especially dehydration-related lines)
- **loss of elasticity** and early laxity
- skin that looks “tired” or **less radiant** in photos

Prohilo is **NOT a dermal filler**. It is not designed to add obvious volume or reshape features. If volume, contour, or structural support is the main goal, I may suggest alternatives (or combinations) after assessment.

Suitability & Safety

5) Who is a good candidate?

You may be a good candidate if you want a **subtle, believable refresh** and your main concern is **skin quality** (hydration, texture, firmness), rather than needing strong volume replacement.

Prohilo may suit you if you:

- want a **conservative, doctor-led plan**
- prefer **gradual improvement** over weeks
- value **natural-looking results** rather than obvious volume
- want a **treatment that supports glow and firmness** without changing your face

Suitability depends on your facial structure, skin quality, and medical history.

6) Who should avoid treatment?

Profilo may not be suitable if you are **pregnant or breastfeeding**, have an **active infection** in the treatment area, or have a known allergy to any component of the product.

If you have a complex medical history, autoimmune conditions, or a tendency to react strongly to injectables, please mention this in advance. I'll advise you honestly and recommend alternatives if needed.

7) Is Profilo safe? What are the side effects?

Profilo is widely used and generally well tolerated when performed by a properly trained medical professional.

The most common short-term effects include:

- mild redness or swelling at injection sites
- tenderness or a tight feeling
- small bumps at injection points (usually settle within **24–48 hours**)
- occasional bruising (can last up to a week)

Serious complications are uncommon, but every injectable carries risk. Your consultation is where we discuss suitability, consent, realistic outcomes, and how I reduce risk in the clinic.

Treatment Experience & Downtime

8) Do Profilo injections hurt?

Most patients find Profilo manageable. You may feel brief stinging or pressure at injection points. If needed, numbing can be used, but many people do not require it.

The discomfort is usually short-lived, and I keep the pace calm and controlled. If you're anxious, tell me — I'll talk you through each step and adjust as needed.

9) What's the downtime like?

Downtime is usually minimal. Most people return to normal plans quickly, with small visible injection bumps settling over **24–48 hours**.

You may also have mild swelling or bruising, particularly if you bruise easily.

I'll explain what's expected for your skin and give clear aftercare guidance, so you know what's normal and what should be checked.

10) What should I avoid after Prohilo?

For best results, keep things calm while the product settles. In most cases I advise:

- avoid heavy exercise for **24 hours**
- avoid saunas/steam rooms and intense heat for **48 hours**
- avoid alcohol for **24–48 hours** if bruising is a concern
- avoid facials, massage, or pressure on the area for **5–7 days**
- avoid touching or massaging bumps — **hands off**

You'll receive clear aftercare guidance on the day.

Results & Treatment Planning

11) How many sessions will I need?

After an initial course of **two sessions**, usually **four weeks apart**, most patients have 3-4 monthly. Your plan may vary depending on your skin, your goals, and how you respond.

12) When will I see results?

Prohilo develops gradually. Some people notice improved hydration and glow within a few days. More meaningful improvements in texture and firmness typically build over the following **2–4 weeks**, and the best result is often seen after completing the **initial two-treatment course**. I'll explain what a realistic timeline looks like for your skin during consultation.

13) How long do results last?

Results vary by individual. Many patients maintain results with top-ups, often around every **six months**, depending on skin, lifestyle, and ageing changes.

14) Can I combine Prohilo with other treatments?

Often, yes. Prohilo supports skin quality, while other treatments address different concerns:

- **Botox / anti-wrinkle injections** for expression lines
- **Dermal fillers** for shape and volume where appropriate
- **Polynucleotides** for delicate skin quality support

The key is sequencing and timing. I'll recommend a plan that stays natural and makes clinical sense for your face.

Pricing & clinic location

15) How much does Profilo cost in London?

Pricing depends on the area treated and your personalised plan. For the most up-to-date pricing, please see:

<https://drmohanclinic.co.uk/cosmetic-skin-clinic-london-price-list/#profilo>

Your exact plan and cost are confirmed after an in-person assessment.

16) Where is the clinic and how do I book?

My clinic is in **West Wimbledon (SW20)**, under a **10-minute walk from Raynes Park station**.

Full address:

[Dr Suresh Mohan Clinic, The Garden Room, 51 Spencer Road, London SW20 0QN](#)

To book a consultation, please use my [website contact page](#) or call/email the clinic.

Aftercare (important)

Profilo is designed to improve **skin hydration and overall quality**, helping support a fresher, healthier look while keeping results natural. It doesn't "fill" in the way dermal fillers do — instead, it's used to enhance **hydration, firmness, and elasticity** in a subtle, gradual way.

The key principle is hands off and avoid pressure while it settles.

You can **download** my **Profilo Aftercare (PDF)**:

<https://drmohanclinic.co.uk/wp-content/uploads/Profilo-Treatment-Aftercare.pdf>

I highly recommend reading the **Complete Guide to Profilo Aftercare**:

<https://drmohanclinic.co.uk/complete-guide-to-profilo-aftercare/>

Profilo dos and don'ts (coffee, alcohol and more):

<https://drmohanclinic.co.uk/profilo-dos-and-donts-coffee-alcohol-and-more/>

Please note:

This document provides general information and does not replace a medical consultation. Individual suitability and results vary.

If you have questions

Every patient — and every treatment plan — is slightly different, so if you're unsure about anything (results, timing, or how your skin is settling), please contact your practitioner for advice. If you had treatment with me, you're very welcome to get in touch directly.

I hope this guide has helped you understand Profhilo and what to expect.

Where to get Profhilo in London

If you're looking for [Profhilo treatment in London](https://drmohanclinic.co.uk/profihilo-treatment-london/), I offer doctor-led Profhilo appointments at my aesthetic clinic in **Wimbledon**. I regularly see patients from across **South West London** — including Raynes Park, Kingston, Earlsfield, Putney, Clapham, Richmond, and Surbiton.

Profhilo in Wimbledon: <https://drmohanclinic.co.uk/profihilo-treatment-london/>

Contact Dr Mohan Cosmetic Clinic

Email: info@drmohanclinic.co.uk Phone: **07702389636**



The Garden Room, 51 Spencer Road, London SW20 0QN

Claim Your Free Consultation

At my Wimbledon clinic, I'm committed to helping you achieve natural-looking results with safe, personalised care. If you'd like tailored advice — whether you're considering Profhilo or simply want to talk through your skin goals — you're very welcome to book a **complimentary consultation** with me.

To arrange your free consultation, or if you have any questions, you can contact me here:

- Phone: **07702 389 636**
- Email: **info@drmohanclinic.co.uk**

Dr Suresh Mohan Clinic

I qualified as a doctor in 2000 and initially worked in surgery before retraining as a GP. I'm GMC registered (No. 4735795) and practise to strict medical standards of ethics, confidentiality and safety.

In aesthetics, my focus is always on **subtle, natural-looking results** — enhancing your features without an “overdone” look. I've completed advanced injectable training, including **Level 7 qualification**, and I'm fully insured.



Dr Suresh Mohan
MBBS MRCS MRCGP

